



# STUDENT CARERS Info burst

Local support for Student Carers

## 1 Ceredigion Carers Information Service

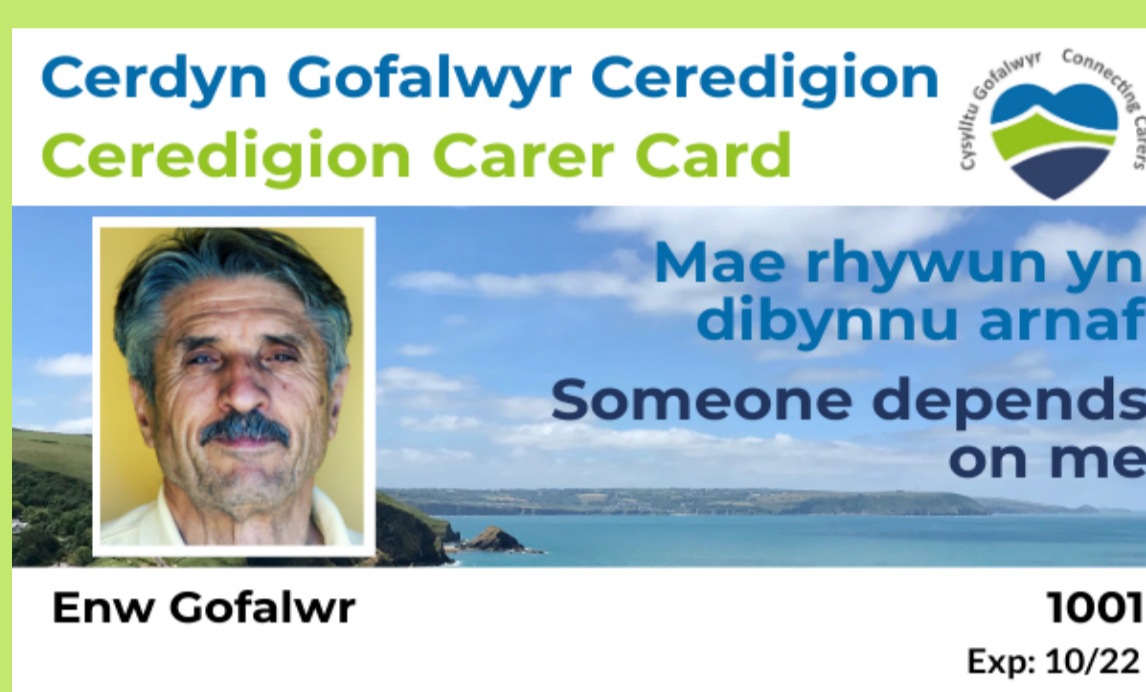
Join our free [Carers Information Service](#) to receive:

- regular [Carers Information Service](#) magazines
- useful information relating to services, support, legislation etc. which will be tailored to your individual needs
- information relating to the Carers Forum which meets regularly to share support, information and friendship
- information about [events](#) for Carers
- information about relevant training courses

## 2 Ceredigion Carer Card

### Adult Carer Card

The Carer Card shows that the cardholder is a Carer. You can use the card to show that you have caring responsibilities!



2

The Carers Unit are working with local businesses and organisations to identify benefits and discounts that having a Carer Card will give you.

Take a look at our website to see what benefits and discounts are currently available to Carer Card holders. The website will be updated as and when new benefits and discounts become available.

More information and to apply for a Ceredigion Carer Card:

<https://www.ceredigion.gov.uk/carercard>

## 3 Support Services

### Gofalwyr Ceredigion Carers

Gofalwyr Ceredigion Carers  
Supporting Carers in Ceredigion

'GCC' offer support to Carers aged 18 and over which includes:

- Information and advice
- Emotional support on an individual basis
- Group activities
- Help to access support to have a break from the Caring role

Tel: 03330 143377

Email: [ceredigion@credu.cymru](mailto:ceredigion@credu.cymru)

Facebook: [Gofalwyr Ceredigion Carers](#)

### Action for Children

Young Adult Carer service run by Vikki Phillips and Olivia Draper-Jones offers one to one support to young people up to age 25.

Tel: 01437 761330

Email: [vikki booth@actionforchildren.org.uk](mailto:vikki booth@actionforchildren.org.uk) or

[olivia.draper-jones@actionforchildren.org.uk](mailto:olivia.draper-jones@actionforchildren.org.uk)

Facebook: [Ceredigion Young Carers](#)



[carersunit@ceredigion.gov.uk](mailto:carersunit@ceredigion.gov.uk)



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The Ceredigion Carers Unit is a small team within Ceredigion County Council that works to support unpaid Carers in the county.

*Ceredigion Carers Unit*



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CEREDIGION  
County Council